

## Substitutions may occur due to delivery \& availability of products.

## *Indicates items offered at Viking and High School Only

## All students MUST take at least $1 / 2$ cup fruit/vegetable or combination along with <br> 2 other components for a complete meal!

## Offered Daily at Breakfast: Assorted Cereal (some cereals may contain Peanuts), *Yogurt, Milk, Juice \& Fruit

Offered Daily: PB\&J, Garden Salad, Assorted Fruits \& Vegetables
Milk: $1 \%$ \& Chocolate Skim

